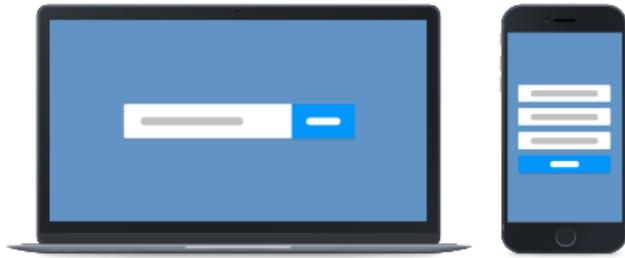


How to join

Web



- 1
- 2

Text



- 1
- 2



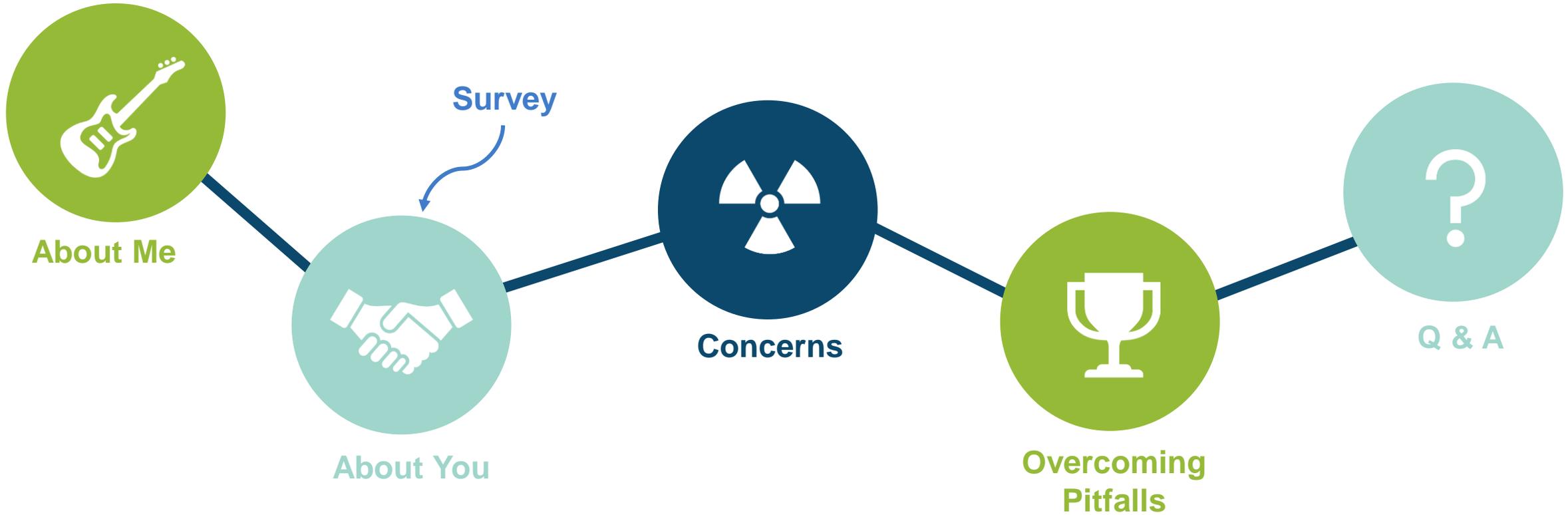
Presented by: Lael Alderman, PE, PM

How Saying 'Yes' Can Derail Your Success

PNWS-AWWA | Spring Conference 2019



Agenda



1 Text **LAELALDERMAN415** to **22333**



About Me

1 Text LAELALDERMAN415 to 22333



About You

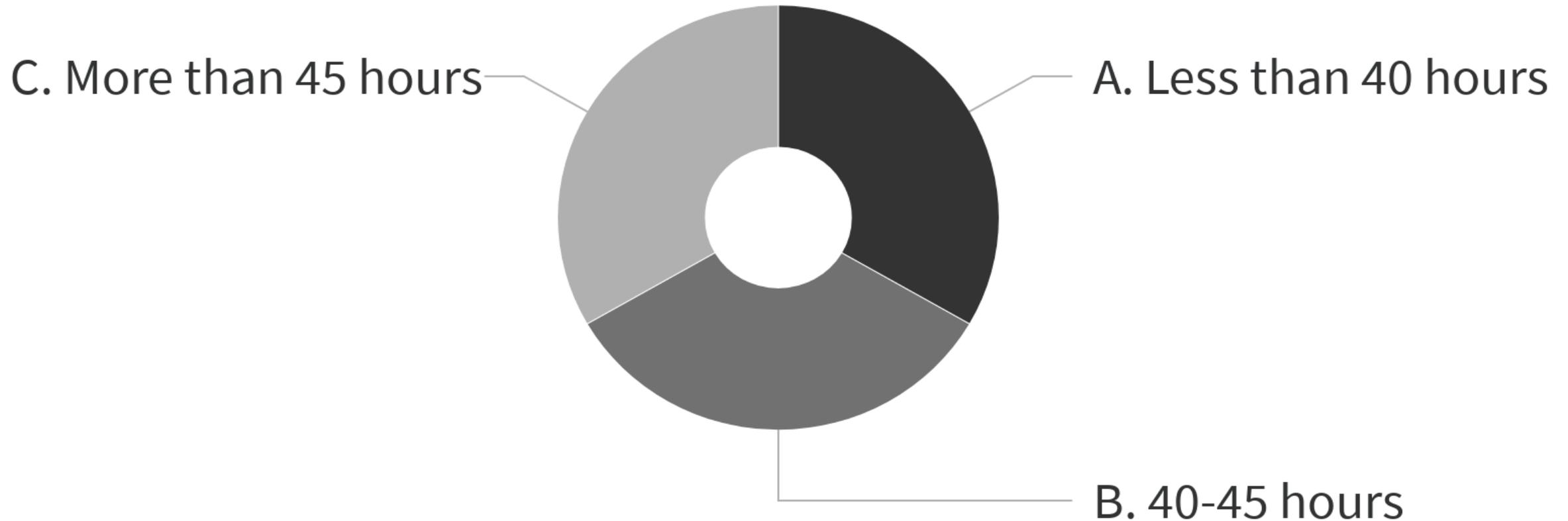
1 Text **LAELALDERMAN415** to **22333**

In two words, what is most important to you?

music
family

How many hours per week do you work?

A. Less than 40 hours **A** B. 40-45 hours **B** C. More than 45 hours **C**



If you don't say 'yes' at work, what are you afraid will happen?

Nothing

Missed
opportunity

Will miss the
next opportunity

Lose my job



**Even More
About You...**

“The difference between **successful** people and **really successful** people is that **really successful** people say no to almost everything.” - Warren Buffet



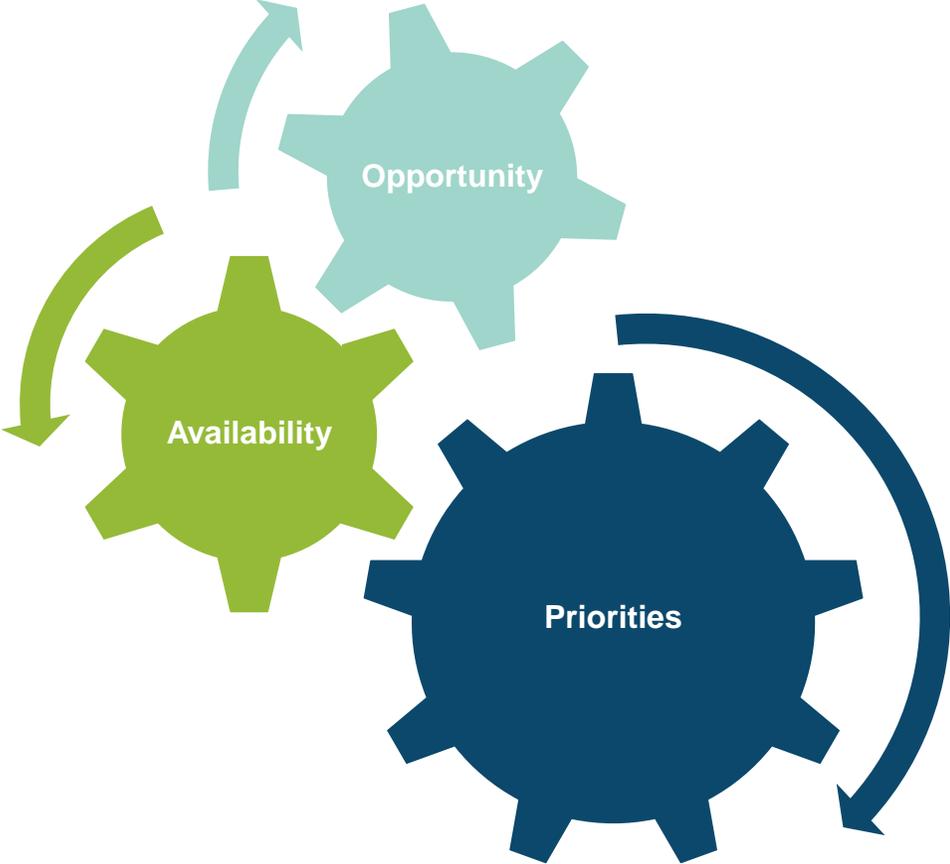
Defining Work-Life Balance



What are your values?

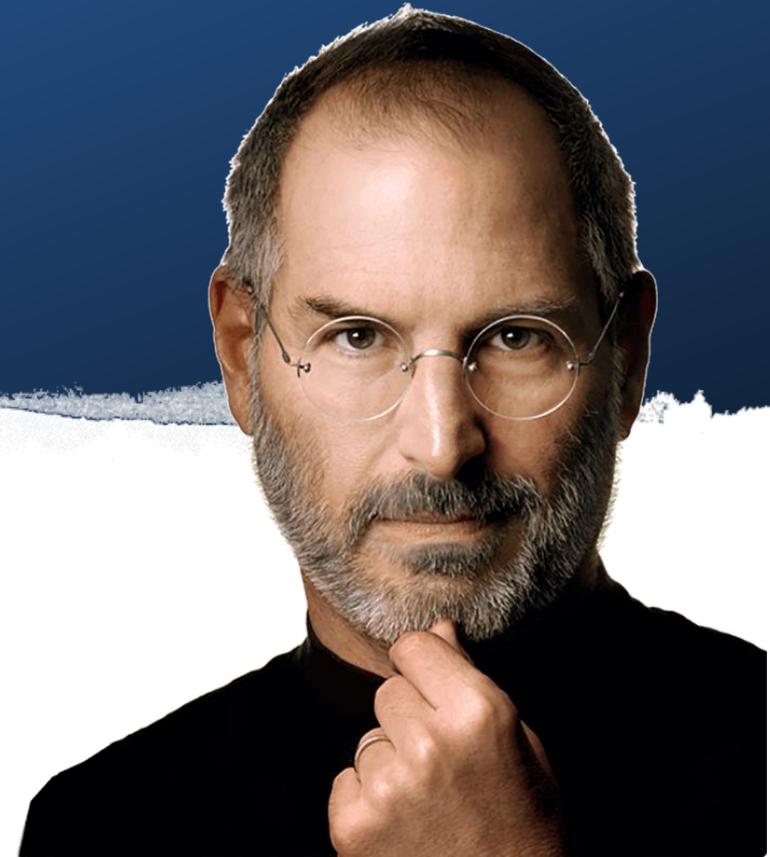


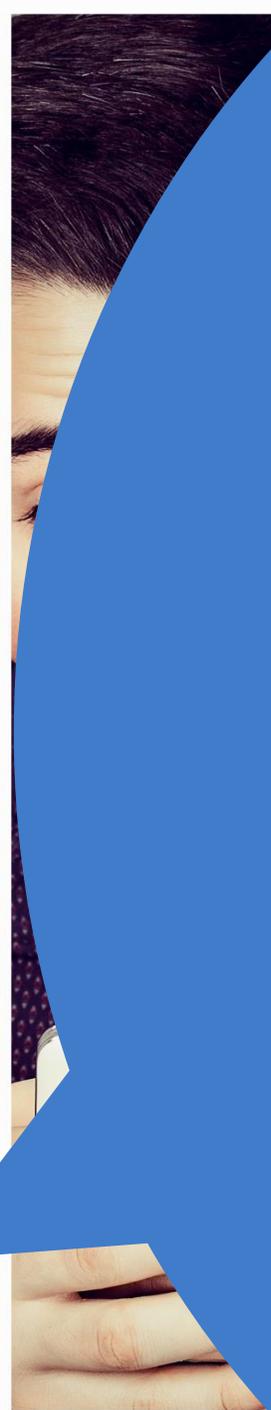
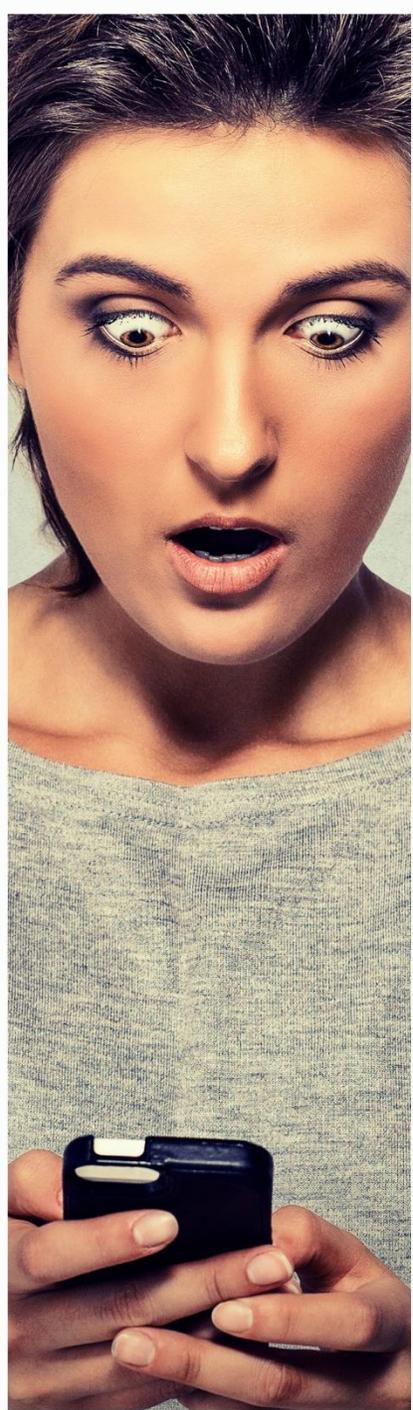
Shaping Your Career Path



Learning
when to say
'YES'

“The only way to do great work is to love what you do. If you haven’t found it, keep looking. Don’t settle.”
– Steve Jobs





Concerns With Not Saying 'Yes'

Over-Commitment



Defining work-life
balance

Recognizing
over-commitment



Predicting over-
commitment

Defining Work-Life Balance



What are your values?





What are your
company's/boss'
expectations?

Recognizing Over- Commitment

Predicting Over-Commitment

Ask expectations during
interview

Ask every couple of
weeks/before new
assignments

Ask yourself what your
expectations are

Other Concerns

Does my work
satisfy me?

Am I going in a
different direction
than I want to be
going?

Is this the
right career
for me?

?

Do I enjoy
the time I
spend at
work?





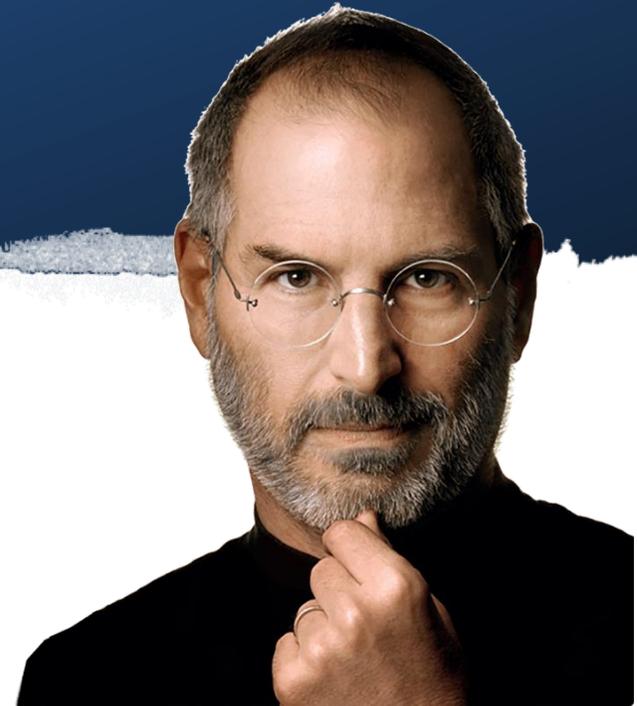
Overcoming Pitfalls

Are You on the Right Path?

- Do your priorities and career goals line up?
- Does your company meet all your needs?
- Recognize that priorities change.



“People think focus means saying yes to the thing you’ve got to focus on. But that’s not what it means at all. It means saying no to the hundred other good ideas there are. You have to pick carefully. I’m actually proud of the things I have done. Innovation is saying no to 1,000 things.” – Steve Jobs



Saying "I'm open to whatever."



SUCCESS!

Over-committed



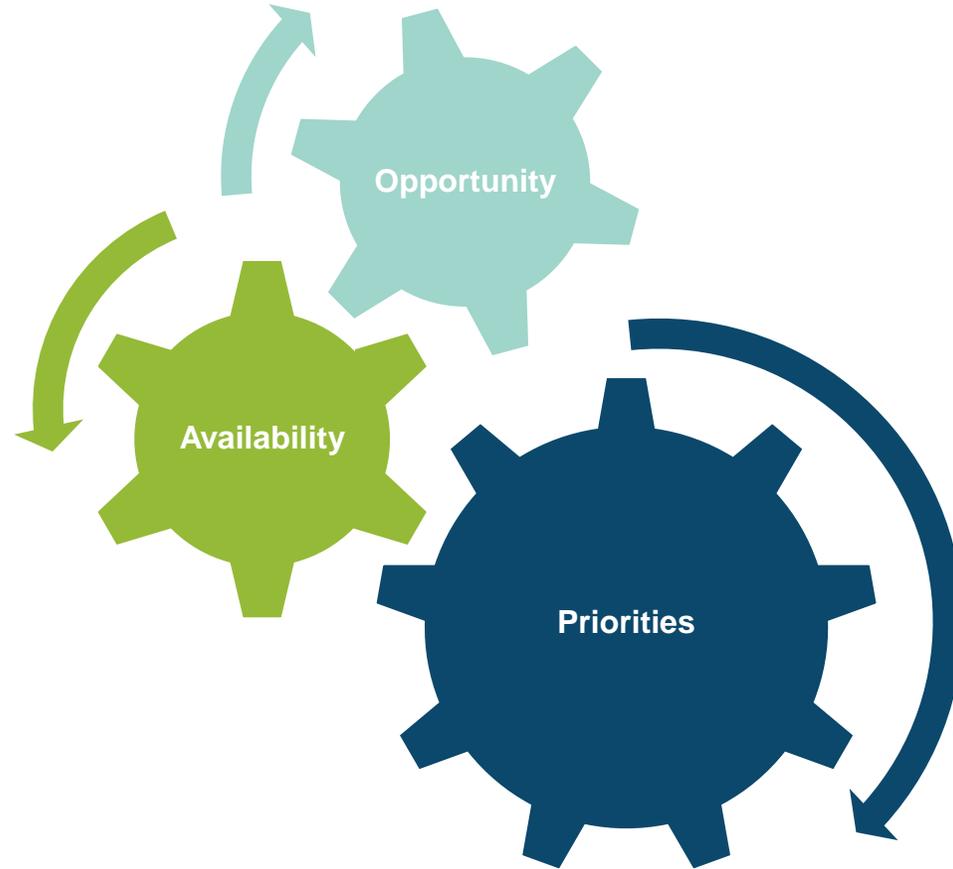
OPPORTUNITY!



Waiting to tell me until you are already overwhelmed.

Not letting me know when you are feeling overcommitted.

Shaping Your Career Path

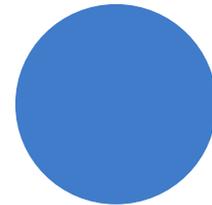


Ask
yourself...
before
saying 'YES'

- What are your priorities today?
- How does this influence your decision to saying 'yes' now?



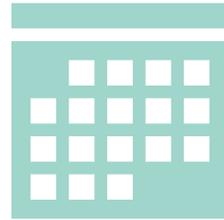
**Ask Yourself...Before
Saying 'Yes'**



Key Take-Away Homework



Have conversation with your boss about your career path goals.



Every Monday, write your priorities and availability for the week.



List 2-4 tasks you can say 'yes' or 'no' to at work.



Please feel free to come up and chat after for further questions and discussion. Or contact me at:

Lael Alderman
Lael.Alderman@Murraysmith.us

Q&A

murraysmith



Thank you!